

# West Jesmond Primary School

## Sex and Relationships Policy

Revision Record of Published Versions			
Author	Revision Date	Version	Status
West Jesmond Primary	12/3/2012	1.0	Annual review and update
West Jesmond Primary	22/3/2014	2.0	Annual review and update
West Jesmond Primary	13/5/2014	3.0	DHT, AHT & Head of Science
West Jesmond Primary	6/12/2016	3.1	AHT

### Aim:

To enhance the emotional and physical well-being of all our pupils by offering a wide and varied programme of sex and relationships education which promotes positive attitudes towards a healthy lifestyle. We wish to enable our pupils to make informed choices about sex and relationships throughout their lives.

### Rationale:

- Sex and relationships education is integrated within the Science and PHSCE Curriculum of our school. It is developed within a caring environment which takes account of the children's age and stage of development. Effective sex and relationships education is important in preparing young people for their adult lives. It should emphasise the value of the family in its different compositions, stable loving relationships, respect, love and care. We aim to reinforce the school ethos which encourages respect for others and personal responsibility.

### Purposes:

- To provide accurate information enabling pupils to make informed decisions.
- To foster children's self-esteem and the skills necessary to ensure their personal safety.
- To help children to think carefully about the importance of relationships between family members and friends.
- To promote attitudes of care and respect for others.
- To enable children to co-operate with others in different situations.
- To promote sensible attitudes towards sexual and bodily functions.
- To encourage the development of communication and social skills.

- To create an atmosphere where pupils can ask questions and discuss sex and relationship matters without embarrassment.
- To make pupils aware of sources of help and information.

### Guidelines:

- Aspects of sex and relationships education will be taught through PHSCE lessons and the science curriculum from Foundation to Year Six and assessed according to current assessment arrangements.
- Sex education is specifically taught in Year Five. Some content is covered within the science curriculum. Department of Education guidance, on sex and relationships education states: Parents have the right to withdraw their children from all or part of the sex and relationship education provided at school except for those parts included in the statutory National Curriculum (see below):

#### **LIVING THINGS (Statutory)**

*Pupils should be taught to:*

- describe the differences in the life cycles of a mammal, an amphibian, an insect and a bird
- describe the life process of reproduction in some plants and animals.

*With guidance of: Pupils should find out about different types of reproduction, including sexual and asexual reproduction in plants, and sexual reproduction in animals.*

#### **ANIMALS, INCLUDING HUMANS (Statutory)**

*Pupils should be taught to:*

- describe the changes as humans develop to old age.

- Additional content, linked to sex and relationships education is delivered to Year 5 pupils (boys and girls separately) by the School Nursing service. As part of their presentation, pupils are shown a DVD which features age related content (Ages 8-11) linked to sex and relationships education. Sex and relationships teaching is seen as complimentary and supportive to the role of the parent; parents will therefore be made aware of any pending visit by the School Nursing service and be given the opportunity to watch any video material to be shown.
- Parents can request to see the video material before it is shown to the class by making an appointment with the School Nurse.
- Parents wishing to discuss the content and suitability of any material covered within sex education lessons, beyond the content of video material, can contact the school and make an appointment to speak to the class teacher or Assistant Headteacher and Head of Science, Mr T Jones.
- Issues related to sex education will be dealt with sensitively and due consideration will be given to any cultural or religious factors.
- A range of resource materials will be used and will be appropriate to the pupil's development.
- Advice and support with sex and relationships will be sought where necessary from health professionals.
- Teachers, support staff and any health professionals working in school will deal with sex and relationships issues sensitively. They will **not promise confidentiality** as their

role is to ensure the child's best interests are being served. If there are any problems or concerns they should be discussed with the Head teacher.

#### **-Implementation and Monitoring:**

The Head of Science is responsible for implementing and monitoring the Sex and Relationships policy. They will be supported by the governors with responsibility for Science.

#### **Dissemination of the Sex and Relationships Policy;**

- All staff involved in school have access to the Sex and Relationships policy, which can be found centrally in Office Documents.
- The policy is available to adults other than staff e.g. governors, parents, visitors, LA officers and OFSTED inspectors.