



# West Jesmond Primary School

## The West Jesmond Family Newsletter 4 Spring Term 2025



This has been a very sporty and active week at West Jesmond with a number of events taking place on top of our usual PE lessons and clubs. One of our key development aims this year has been to increase physical activity and movement in school. As well as once again expanding the number of clubs and events, we have concentrated on extra sporting activities with Mr Mellons on the school yard and lots more movement breaks in classroom between lessons.

### Equal Access Award

We were very proud to be awarded the FA equal access award to mark the efforts the school are making to offer equal sporting opportunities to girls and boys in school, especially in football. We are determined to remove barriers to children taking part in sport at West Jesmond. If you want advice or help about clubs or activities for your child please speak to the school office, our Sports Mentor, Mr Mellons or our PE and Sports Lead, Mrs Peggs.

**Remember if your child is eligible for Free School Meals, school will pay the costs of any sports club where there is a fee to pay.**



### Netball Success!

On Wednesday the Year 6 Netball Team travelled to Blue Flames to play 6 games in a Newcastle Schools' netball tournament. The team played brilliantly, and showed great determination to win 5 out of 6 games played (narrowly missing out on the sixth), this secured us a place in the final in two weeks' time. We are so proud of everyone that took part and are looking forward to the final!

### Well Done Year 5 and Year 6 Football Teams

Mr Collier, Mr Mellons and Miss Dixon, took Year 5 and Year 6 football teams to tournaments against other school this week. The competitions were very tight and both teams played really well to some hard fought draws, but just missed out qualifying for the semi-finals. Well done to all the boys and girls that took part.



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## Year 5 and Year 6 Dance City CAT Dance Workshops

In Newcastle, we are so lucky to have the incredible centre of dance that is Dance City. If you and your family haven't been it is really worth investigating to look at the huge range of dance and opportunities they have for children – and parents!

For children who are especially keen and want to develop their talents in dance, Dance City host a regional CAT (Centre For Advanced Training) programme. Michaela from Dance City came to give Year 5 and 6 contemporary dance workshops. They had great fun moving to music and choreographing their own travelling routines. We really hope some of them seize the chance to explore more dance opportunities at dance city and maybe the CAT? [Centre for Advanced Training \(CAT\) - Dance City](#)



## Special Visitor to West Jesmond

On Wednesday, School Council were delighted to welcome Cath McEvoy-Carr, who is the Newcastle Director of Children and Families, into our school. We really enjoyed giving her a tour of our school, sharing our greatest achievements as a school council with her and then finding out all about what her job entails in our Q and A session.



## CPR Training

Year 5 and 6 have had very important lifesaving lessons this week. For Year 6 this was a further session building on their learning from last year. We are so grateful to Maria and Geoff who reminded us what to do to help others in a medical emergency. This included CPR, the recovery position and what to do in the case of an allergic reaction.






### Useful Wellbeing Workshops

There are lots of useful workshops, drop-ins and advice sessions for parents that take place across our city. Whenever we can, we try to share these with parents through the SEND Parent/Carer Newsletter and this newsletter.

Children's North East have a series of workshops coming up on topics including wellbeing, mental health, school avoidance, anxiety and more. All of the sessions are for parents of children aged 8 and over.

### SEND Newsletter



We send our SEND Parents and Carers Newsletter to all families with children who are on our SEND register. However, if you would also like to receive this very useful information and news, please ask the school office to add your name to the distribution list.



**Ways to Wellbeing**  
Community Workshops February 2025

Suitable for parents/carers with children 8 to 19 years old  
No need to book!

6th Feb, West Walker Family Centre NE6 3BU 10-11am Anxiety	18th Feb, Haven Family Hub NE3 3RX 10-11am Brain Development
12th Feb, Cowgate Centre NE5 3UT 4.30-5.30pm Self-harm	19th Feb, Charlton Street Hub NE15 8RN 10-11am School Avoidance
	20th Feb, Cowgate Centre NE5 3UT 10-11am What is mental health?

     
children-ne.org.uk 

Contact us: 0191 2727 824  
families.admin@children-ne.org.uk

### 新年快乐！Happy New Year!

Can we wish a very Happy Lunar New Year to all of our families who have been celebrating this week and at the weekend. We wish you good fortune and happiness in the year of the snake.



Have a lovely weekend everyone!

Matt Ward (Headteacher)

## Dates for Your Diary

### Next Week

- ❖ **Weds 5<sup>th</sup> – Friday 12<sup>th</sup> Feb** **Book Fair in School**
- ❖ **Tuesday 4<sup>th</sup> February** **Year 5/6 Football League (JPA)**
- ❖ **Wednesday 5<sup>th</sup> February** **Reception Visit to Northumberland Zoo**
- ❖ **Thursday 6<sup>th</sup> February** **Friends Uniform Sale (Hall 2.30 -3.30pm)**
- ❖ **Friday 7<sup>th</sup> February** **Cake Stall 2V**

### Further Ahead

- ❖ **Monday 10<sup>th</sup> – Weds 12<sup>th</sup> February** **Year 4 Robinwood Residential Visit**
- ❖ **Thursday 13<sup>th</sup> February** **Year 3 Parents' Maths Workshop**  
**Friends Key Stage 1 Disco**  
**Newcastle Schools' Netball Final**
- ❖ **Tuesday 18<sup>th</sup> – Thursday 20<sup>th</sup> Feb** **Reception Writing Workshops**
- ❖ **Thursday 20<sup>th</sup> February** **Year 4 Trip to El Torero Restaurant**
- ❖ **Friday 21<sup>st</sup> February** **Break up for half term.**
- ❖ **Monday 3<sup>rd</sup> March** **Back to school**
- ❖ **Thursday 6<sup>th</sup> March** **Storytelling Evening**
- ❖ **Thursday March 13<sup>th</sup>** **Northern Stage Shakespeare Performance**
- ❖ **Tuesday 18<sup>th</sup> & Thursday 20<sup>th</sup> March** **Parent Consultations**
- ❖ **Friday 11<sup>th</sup> April** **End of Spring Term**

