

Primary – WEEK ONE

MONDAY

Chicken & Vegetable Pie

TUESDAY

Savoury Beef Mince with Dumpling

WEDNESDAY

Homemade Cheese & Tomato Pizza

THURSDAY

Roast Pork with Sage & Onion Stuffing
Oven Roast Potatoes

FRIDAY

Crispy Coated Fish

Chips

Creamed Potatoes

Carrot & Swede Mash

Country Diced Potatoes

Broccoli

Cauliflower

Sweetcorn

Turnip

Mushy Peas

★ ★ ★ ★

★ ★ ★ ★

★ ★ ★ ★

★ ★ ★ ★

★ ★ ★ ★

Quorn Frankfurter or
Classic Hot Dog

Cheese Omelette

Quorn Keema Curry

Homemade Tomato Soup

Spaghetti Napoli

Classic Hot Dog

Hash Browns

Savoury Rice

Focaccia Bread

Garlic Bread

Seasoned Potato Wedges

Wholemeal Spaghetti
Hoops in Tomato Sauce

Baked Beans

Broccoli

Sweetcorn

★ ★ ★ ★

★ ★ ★ ★

★ ★ ★ ★

★ ★ ★ ★

★ ★ ★ ★

Ham Sandwich

Tuna Sandwich

★ ★ ★ ★

★ ★ ★ ★

★ ★ ★ ★

★ ★ ★ ★

★ ★ ★ ★

Jacket Potato with Choice of Filling
Cheese, Tuna or Baked Beans

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Cheese, Tuna or Baked Beans

Available Daily

Salad bar, selection of fresh bread and rolls

Choice of drinks- Fruit juice drink, reduced fat milk, chilled drinking water
Fresh Fruit Selection , Yoghurt and Cheese and Biscuits

DESSERT

DESSERT

DESSERT

DESSERT

DESSERT

Frozen Yoghurt or
Fresh Fruit

Sticky Orange Sponge

Apple Crumble Muffin

Fresh Fruit Salad or
Yoghurt

Fruity Flapjack

Fresh Fruit

Custard

Yoghurt

Custard

Menus are subject to availability

Primary – WEEK TWO

MONDAY

Quorn Style Dippers with Tomato Relish

Chips

Garden Peas

★ ★ ★ ★

Homemade Roasted Vegetable Pizza

Chips

Garden Peas

★ ★ ★ ★

Egg and Cress Sandwich

★ ★ ★ ★

Jacket Potato with Choice of Filling Cheese, Tuna or Baked Beans

★ ★ ★ ★

Jacket Potato with Choice of Filling Cheese, Tuna or Baked Beans

DESSERT

Chocolate Brownie

Chocolate Sauce

TUESDAY

Baked Pork Sausage with Yorkshire Pudding

Creamed Potatoes

Spring Cabbage

★ ★ ★ ★

Tuna Pasta Bake

Garlic and Herb Bread

Sweetcorn

★ ★ ★ ★

WEDNESDAY

Beef Burger or Quorn Burger

Sweet Potato Fries

Coleslaw

★ ★ ★ ★

Quorn & Vegetable Pie

Creamed Potatoes

Turnip

★ ★ ★ ★

★ ★ ★ ★

Jacket Potato with Choice of Filling Cheese, Tuna or Baked Beans

Available Daily

Salad bar, selection of fresh bread and rolls

Choice of drinks- Fruit juice drink, reduced fat milk, chilled drinking water
Fresh Fruit Selection , Yoghurt and Cheese and Biscuits

DESSERT

Frozen Strawberry Mousse

DESSERT

Chilled Yoghurt or Fresh Fruit Salad

DESSERT

Iced Sponge

Custard

Menus are subject to availability

September 2019 – July 2020

THURSDAY

Roast Turkey & Sage and Onion Stuffing

Oven Roast Potatoes

Carrots

★ ★ ★ ★

Quorn Korma

Steamed Rice

Savoury Vegetable Rice

Naan Bread

Minted Apple and Cucumber Salad

★ ★ ★ ★

★ ★ ★ ★

Cheese Sandwich

★ ★ ★ ★

Jacket Potato with Choice of Filling Cheese, Tuna or Baked Beans

★ ★ ★ ★

Jacket Potato with Choice of Filling Cheese, Tuna or Baked Beans

DESSERT

Fresh Fruit Selection or Frozen Yoghurt

Primary – WEEK THREE

MONDAY

Meatballs in Tomato & Herb Sauce
Pasta Twists
Garlic & Herb Bread
Sweetcorn

★ ★ ★ ★

Cheese Roll

Country Diced Potatoes

Baked Beans

★ ★ ★ ★

Ham & Tomato Baguette

★ ★ ★ ★

Jacket Potato
with Choice of Filling
Cheese, Tuna or
Baked Beans

★ ★ ★ ★

Jacket Potato
with Choice of Filling
Cheese, Tuna or
Baked Beans

TUESDAY

BBQ Chicken Grill
Seasoned Wedges
Garden Peas

★ ★ ★ ★

Quorn & Lentil Jalfrezi

Steamed Rice
Naan Bread

Tomato & Onion Salad

★ ★ ★ ★

WEDNESDAY

Turkey Cobbler
New Potatoes
Broccoli

★ ★ ★ ★

Vegetable Nuggets
with Garlic Mayo
Seasoned Potato
Wedges

Wholemeal Spaghetti
Hoops

★ ★ ★ ★

Cheese Savoury Sandwich

★ ★ ★ ★

Jacket Potato
with Choice of Filling
Cheese, Tuna or
Baked Beans

THURSDAY

Roast Beef
with Yorkshire Pudding
Oven Roast Potatoes

Savoy Cabbage
★ ★ ★ ★

Homemade Cheese
& Tomato Pizza
Oven Roast Potatoes

Coleslaw

★ ★ ★ ★

Baked Beans

★ ★ ★ ★

Tuna Sandwich

★ ★ ★ ★

Jacket Potato
with Choice of Filling
Cheese, Tuna or
Baked Beans

Available Daily

Salad bar, selection of fresh bread and rolls
Choice of drinks- Fruit juice drink, reduced fat milk, chilled drinking water
Fresh Fruit Selection , Yoghurt and Cheese and Biscuits

DESSERT

Lemon Drizzle Cake
Custard

DESSERT

Mixed Fruit Cookie

DESSERT

Shortbread
Custard

Dessert

Ice Cream Tub

DESSERT

Fresh Fruit Salad or
Chilled Yoghurt

Menus are subject to availability

September 2019 – July 2020

FRIDAY

Cod Fish Fingers
or
Salmon Fish Fingers
Chips

Beetroot
★ ★ ★ ★

Quorn Sausage Roll

Chips