



## West Jesmond Primary Family Newsletter 5 Spring Term 2026

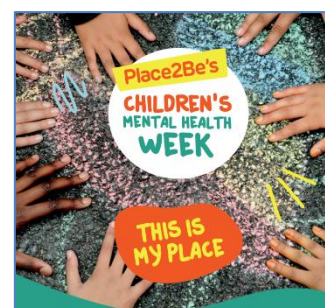


### Children's Mental Health Week 2026

Next week is Children's Mental Health Week. In class and in our assemblies, we will be talking about our mental health including how to talk about and recognise how we are feeling. This year's theme explores the vital role of **belonging** in our mental health and wellbeing.

A sense of belonging – whether in our families, schools, peer groups, or wider communities – is a fundamental human need. It helps us feel secure, supported, and ready to learn and grow. When children feel they truly belong, they are more likely to have positive mental health, build healthy relationships, and believe in their ability to make a difference.

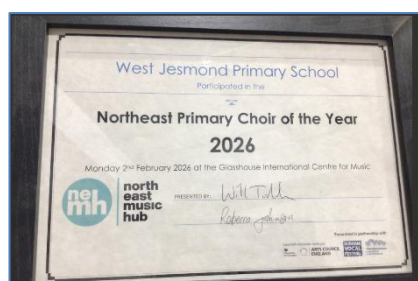
We work hard to try to foster that sense of belonging to our school and to our West Jesmond Family and recognise how important it is to our children. However, we know there are days when any one of us could feel vulnerable, alone or anxious and school can sometimes feel a little daunting. We are determined to keep working with our children and with you at home to adapt, develop and improve our school to ensure it feels as warm and welcoming as possible for everyone.



### North East Primary Choir of the Year 2026

Well done to all our children who sang so bravely on the big stage at the Glasshouse for the North East Primary Choir of the year event this week. Although we did not come out as one of the winners, we were extremely proud of the excellent performance of our children. Thank you to Mrs Anderson for leading our choir and to all the parents who came to support us.

*'Our School Choir did us proud participating in the North East Choir of the Year event at The Glasshouse international Centre for Music on Monday. It fantastic to perform alongside lots of fantastic and diverse Primary School Choirs from all over the region. Thank you so much to Durham Vocal festival for organising a wonderful and inspiring morning of singing.'* Mrs Anderson (Music Lead)



**Headteacher: Matt Ward**

**Deputy Headteacher: Mark Dinsley**

West Jesmond Primary School, Tankerville Terrace,  
Newcastle-upon-Tyne, NE2 3AJ

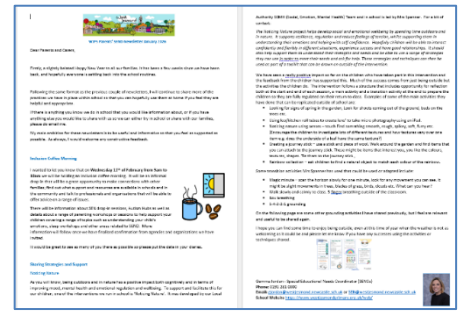
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🌐 [www.westjesmondprimary.org.uk](http://www.westjesmondprimary.org.uk)



## Sign Up For Our SEND Newsletter

We send our SEND Parents and Carers Newsletter to all families with children who are on our SEND register. However, there is lots of useful information for everyone. Mrs Jordan sends out the newsletter every month and if you would also like to receive a copy, please ask the school office to add your name to the distribution list.



## Year 5 and Year 6 Lifesaving Training

This week, Geoff and Maria came to give Year 5 CPR and First Aid training and Year 6 refresher training. They talked to us all about how our heart works, showed us a model of our heart and what we need to do to keep it healthy. They also reminded us of what we can do in a medical emergency, including giving CPR, using a defibrillator and an EpiPen. Thank you both for such an enjoyable and very valuable session. February is also Heart Month; it's crucial we all know how to do CPR, so why not have a look at the British Heart Foundation website for a free 'Learn CPR in 15 minutes'.



## Well Done Football Teams

Our football teams have been bravely battling the elements over the last few weeks. Our Year 5 team performed extremely well, just missing out on the semi-finals in their latest tournament and our talented and dedicated Year 5/6 boys' team have played their final Humble League fixture, finishing in a very impressive 4<sup>th</sup> place!



## Net Zero Heroes

On Thursday, our Year 5 and Year 6 Eco Reps attended the Net Zero Heroes event at the Civic Centre, where they joined pupils from other schools across Newcastle to celebrate and learn about sustainability. The children took part in a range of fun, interactive activities and had the chance to speak with local organisations who work with schools on climate action. It was great to share our amazing green initiatives with other schools and to learn more about how we can make a positive difference to our environment.

We learnt a lot about renewable energy, sustainability and hydrogen...and the food was the best!

Don't chop down trees we need them to breathe!!

We learned about how to save the planet and met the youth Council!

We learnt how to make the planet sustainable and healthier for everyone.



We got to go to different stations where I learned about wind power! We did a poll of what we take pride in or want to change about Newcastle!





**WJPS Indian Music Club**  
**Mondays 3.30-4.30 pm**  
 from 23<sup>rd</sup> February 2026 onwards

**Vocal Music**  
 Children will learn

- Basics of Indian music
- Short classical songs
- Bollywood songs

**Education in Human Values**  
 Children will

- Play value games
- Discuss about human values like Truth, Right Conduct, Peace, Love and Non-Violence

**Stories**  
 Children will

- listen to lots of stories

**Performance Opportunity @ Gala Theatre Durham on 4<sup>th</sup> July**

Contact Praveena @ 07702785815

### WJPS Indian Music Club

We have some places available for our very special WJPS Indian Music Club after half term. Run by very talented West Jesmond parents, This is one of our most unique and exciting clubs combining music, singing, cultural appreciation and discussion of themes that arise. Previously members of the club performed in an incredible concert at the SAGE and this year there is the opportunity to perform at the Gala Theatre! Please speak to the School Office or contact Praveena directly on 07702785815

### Reminder: Inclusion Coffee Morning For Parents 11<sup>th</sup> February

All parents and carers are welcome to join us for an informal drop-in coffee morning on Wednesday the 11th of February. It will be a great opportunity to make connections with other families, find out what support and resources are available in schools and in the community and talk to professionals who can offer advice on a range of issues.

Please enter via the side entrance to the school hall. Refreshments will be available.

We will have representatives from:

- **Skills for People:** work to make sure that disabled people and their families are in control of their lives, are strong, confident and included in the communities of their choice. Offer support and advice for families and offer positive behaviour workshops.
- **School Health 0-19 service:** The team offers health advice, support for development, school nursing, and emotional health guidance via a single point of access.
- **Welfare Rights:** Welfare rights advisors give free advice to the public to help them get the financial support they are entitled to. They can help you claim benefits if you, your child or relative, have an illness or disability, and they can discuss what you could be entitled to.
- **Children and Families Newcastle:** Children and Families Newcastle bring services together so they can support children and families to get the help that they want and need. Children and families can access different services and activities in buildings they know in their local area



**INCLUSION COFFEE MORNING**  
**WEDNESDAY 11<sup>TH</sup> FEBRUARY**  
 9am-10am

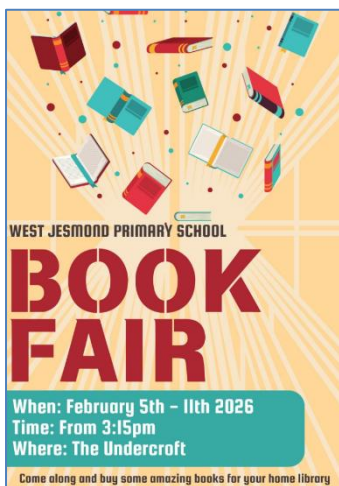
Icons: A steaming cup of coffee, a sun, and coffee beans.

## Friends of West Jesmond Newsletter

This week, you will have all received the latest Newsletter from the Friends. It highlights all the great work your parent body are doing to enhance experiences for children in school – we really like the Volunteer Spotlight giving the chance to celebrate just some of the amazing parents and friends of the school who give so much time, energy and creativity to West Jesmond Primary! Thank you!



## Book Fair Is Coming – But Not Quite Yet!



We are looking to hold our Book Fair after half term to coincide with World Book Day and our Storytelling evening.

**Please note a slight change to the date on the flyer – the fair is in March!**

Have a lovely weekend everyone!

Matt Ward (Headteacher)

## Dates for Your Diary

### Next Week

- |   |                                    |
|---|------------------------------------|
| ❖ Monday 9 <sup>th</sup> – Weds 11 <sup>th</sup> February | Year 4 Robinwood Residential       |
| ❖ Tuesday 10 <sup>th</sup> February                       | Yr 5/6 Girls' Football at JPA      |
| ❖ <b>Wednesday 11<sup>th</sup> February</b>               | <b>Inclusion Coffee Morning</b>    |
| ❖ Thursday 12 <sup>th</sup> February                      | KS1 Disco (3.30-5pm)               |
| ❖ Friday 13 <sup>th</sup> February                        | School Closed for OLT Training Day |
|   |                                    |
| ❖ Half Term Holiday                                       |                                    |
| ❖ Monday 23 <sup>rd</sup> February                        | Back to school                     |

### Further ahead

- |   |  |
|---|--|
| ❖ Wednesday 25 <sup>th</sup> February                           | Friends' Pre-loved Uniform Sale<br>R2 Writing Workshop |
| ❖ Thursday 26 <sup>th</sup> February                            | R3 Writing Workshop                                    |
| ❖ Friday 27 <sup>th</sup> February                              | R1 Writing Workshop<br>Cake Stall 4D                   |
|   |  |
| ❖ <b>Monday 2<sup>nd</sup> – Friday 6<sup>th</sup> March</b>    | <b>Careers and Enterprise Week</b>                     |
| ❖ <b>Weds 4<sup>th</sup> – Tues 10<sup>th</sup> March</b>       | Scholastic Book Fair in school                         |
| ❖ <b>Wednesday 4<sup>th</sup> March</b>                         | Storytelling Evening                                   |
| ❖ <b>Tuesday 10<sup>th</sup> March</b>                          | Shakespeare Performance Northern Stage                 |
| ❖ <b>Tuesday 17<sup>th</sup> &amp; Thursday 19<sup>th</sup></b> | <b>Parent Consultation Evenings</b>                    |
| ❖ <b>Friday 20<sup>th</sup> March</b>                           | <b>Comic Relief</b>                                    |
|   |  |
| ❖ Break up for Easter Holiday Thursday 2 <sup>nd</sup> April    |  |
|   |  |
| ❖ Monday 20 <sup>th</sup> April Start of Summer Term            |  |
|   |  |
| ❖ Sunday 17 <sup>th</sup> May                                   | Children's Cancer Run                                  |
|   |  |
| ❖ Thursday 21 <sup>st</sup> May                                 | International Evening                                  |
|   |  |
| ❖ Friday 22 <sup>nd</sup> May                                   | Break up for Half Term                                 |



West Jesmond Primary  
School



# Breakfast and After School Club

MONDAY TO FRIDAY

AVAILABLE  
TO ALL:  
**RECEPTION -  
Y6**



## SERVICES PROVIDED:

- **Breakfast Club**  
8-8.45am  
£7.50 pp, per session
- **After School Club**  
3.20-5.55pm  
£15.50 pp, per session
- 10% sibling discount applied to subsequent child bookings



**Sessions now available! Please  
contact the office for further  
details**

(subject to confirmation and demand)



**OFFICE@WESTJESMOND.NEWCASTLE.SCH.UK**

